

EVENTS CALENDAR - 60 YEARS & OVER

If you have a wholesome fun event for seniors, tell us about it: (905) 306-0100

EVERY MONDAY

Billiards - 8:30 a.m. to 4:30 - Monday to Friday - Mississauga Seniors' Centre, 1389 Cawthra Rd - FEES - (905) 615-4810 - Cec Henderson: (905) 823-0907

Full Functional Workout - 9:15 to 10:15 a.m. - Mississauga Seniors' Centre, 1389 Cawthra Rd - 8 Weeks for \$42.76 - (905) 615-4810

Forever Fit Ladies - 9:15 to 10:15 a.m. - Mississauga Seniors' Centre, 1389 Cawthra Rd. - 8 Weeks for \$30.01 - (905) 615-4810

Monday Social Dance - 10 a.m. to 12-noon - Mississauga Seniors' Centre, 1389 Cawthra Rd - FEES - Raluca Popov (905) 278-2208

Fit Fellows - 10:20 to 11:20 a.m. - Mississauga Seniors' Centre, 1389 Cawthra Rd - 8 Weeks for \$30.01 - (905) 615-4810

OsteoFIT - 10:30 to 11:30 a.m. - Mississauga Seniors' Centre, 1389 Cawthra Rd - 8 Weeks for \$30.01 - (905) 615-4810

Weight Training Class - 11:30 to 12:30 a.m. - Mississauga Seniors' Centre, 1389 Cawthra Rd - 8 Weeks for \$30.01 - (905) 615-4810

Bridge - Duplicate - 12:15 - Mississauga Seniors' Centre, 1389 Cawthra - FEES - (905) 615-4810 - Doreen Bynoe: (905) 848-2520

Bridge - Progressive - Mon, Tues, Fri -12:30 - Mississauga Seniors' Centre, 1389 Cawthra Rd - FEES - (905) 615-4810 - Doug Bold: (9) 625-0290

Badminton - 12:30 - Mississauga Seniors' Centre, 1389 Cawthra Road. - FEES - (905) 615-4810 - Shashi Parab: (416) 614-2092 - Martin Lovett : (905) 916-1050

Five Pin Bowling - 1 p.m. - Mississauga Seniors' Centre, 1389 Cawthra - FEES (905) 615-4810 (Bowlerama, Dundas & Kipling) - Bud Murchie: (905) 625-5622

GUIDELINES FOR THE CALENDAR OF EVENTS

Local City Fun does not list events that encourage or promote sexual relations, violence, alcohol or relationships. All listings are at the discretion of the publisher. (905) 306-0100

EVERY TUESDAY

Billiards - 8:30 a.m. to 4:30 - Monday to Friday - Mississauga Seniors' Centre, 1389 Cawthra Rd - FEES - (905) 615-4810 - Cec Henderson: (905) 823-0907

Walking Club - 9 a.m. - Tues & Thurs - Mississauga Seniors' Centre, 1389 Cawthra - (905) 615-4810 - Carol McLarnon: (905) 274-6924

Keep Fit for Bones II - 9:30 to 10:30 a.m. - Mississauga Seniors' Centre, 1389 Cawthra Rd - 5 Weeks for \$18.76 - (905) 615-4810

Keep Fit for Bones I - 10:45 to 11:45 a.m. - Mississauga Seniors' Centre, 1389 Cawthra Rd - 5 Weeks for \$18.76 - (905) 615-4810

Bridge - Progressive - Mon, Tues, Fri -12:30 - Seniors' Centre, 1389 Cawthra - FEES - (905) 615-4810 - Doug Bold: (9) 625-0290

Swing Band - 12:30 - Tues & Fri - Mississauga Seniors' Centre, 1389 Cawthra Rd. - FEES - (9) 615-4810 - Ron Schriber: (416) 924-0017

Cribbage - 1:00 - Seniors' Centre, 1389 Cawthra - (905) 615-4810 - Marion Hudson: (905) 271-7639

Flower Workshop - 1:00 - Mississauga Seniors' Centre, 1389 Cawthra - (905) 615-4810 - Raluca Popov: (905) 278-2208

Horseshoes - 1:00 - Tues & Fri - (Weather Permitting) - Seniors' Centre, 1389 Cawthra - FEES (905) 615-4810 - Ted Carr: (9) 277-8002

Table Tennis - 6:30 - Tues & Fri - (Weather Permitting) - Mississauga Seniors' Centre, 1389 Cawthra - FEES (905) 615-4810 - Joe Cordina: (905) 272-4270 - Elizabeth Luters: (416) 233-6319

Zumba Gold - 6:30 to 7:30 p.m. - Mississauga Seniors' Centre, 1389 Cawthra Rd - 10 Weeks for \$58.58 - (905) 615-4810

EVERY WEDNESDAY

Billiards - 8:30 a.m. to 4:30 - Monday to Friday - Mississauga Seniors' Centre, 1389 Cawthra Rd - FEES - (905) 615-4810 - Cec Henderson: (905) 823-0907

OsteoFIT - 9:15 to 10:15 a.m. - Mississauga Seniors' Centre, 1389 Cawthra Rd - 10 Weeks for \$37.52 - (905) 615-4810

Corporate Subscriptions \$15.75 10 or 20 or 50 copies - \$189.00

Mah Jongg - 9:30 a.m. - Mississauga Seniors' Centre, 1389 Cawthra Road - FEES - (905) 615-4810 - Jean Kondrak: (905) 278-8348

Scrabble - 10 a.m. - Mississauga Seniors' Centre, 1389 Cawthra Rd - (905) 615-4810 - Jackie Agasild: (905) 277-1219

Bias Carpet Bowling - 12:45 - Mississauga Seniors' Centre, 1389 Cawthra Rd - FEES - (905) 615-4810 - Tony Valenti: (905) 270-2717 - Dave Sparkes: (905) 625-1248

Euchre - 1:00 - Mississauga Seniors' Centre, 1389 Cawthra Rd - (905) 615-4810 - Betty or Patty Patoff: (905) 625-0295

EVERY THURSDAY

Shuffleboard - 8:15 Practice, 9 Start - Seniors' Centre, 1389 Cawthra - FEES - (905) 615-4810 - Bob Matthews: (416) 255-4877 or Shirley Rowett: (905) 278-0291

Billiards - 8:30 a.m. to 4:30 - Monday to Friday - Mississauga Seniors' Centre, 1389 Cawthra Rd - FEES - (905) 615-4810 - Cec Henderson: (905) 823-0907

Walking Club - 9 a.m. - Tuesdays & Thursdays - Mississauga Seniors' Centre, 1389 Cawthra Rd - (905) 615-4810 - Carol McLarnon: (905) 274-6924

Art Club - 9:30 a.m. - Thurs & Fri - Mississauga Seniors' Centre, 1389 Cawthra Rd - (905) 615-4810 - Marielle Griffiths: (905) 275-0860

Keep Fit for Bones II - 9:30 to 10:30 a.m. - Mississauga Seniors' Centre, 1389 Cawthra Rd - 5 Weeks for \$18.76 - (905) 615-4810

Keep Fit for Bones I - 10:45 to 11:45 a.m. - Mississauga Seniors' Centre, 1389 Cawthra Rd - 5 Weeks for \$18.76 - (905) 615-4810

The Entertainers - 11 a.m. - Mississauga Seniors' Centre, 1389 Cawthra Rd - FEES - (905) 615-4810 - Rosemary Murphy - (416) 255-6913

Badminton - 12:30 - Mississauga Seniors' Centre, 1389 Cawthra Road. - FEES - (905) 615-4810 - Shashi Parab: (416) 614-2092 - Martin Lovett : (905) 916-1050

Pickle Ball - 12:30 - Mississauga Seniors' Centre, 1389 Cawthra Road - FEES - (905) 615-4810 - Gerry Infeld : (905) 820-8469

EVERY FRIDAY

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Art Club - 9:30 a.m. - Thursdays & Fridays - Mississauga Seniors' Centre, 1389 Cawthra Rd - (905) 615-4810 - Marielle Griffiths: (905) 275-0860

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Horseshoes - 1:00 - Tues & Fri - (Weather Permitting) - Mississauga Seniors' Centre, 1389 Cawthra - FEES (905) 615-4810 - Ted Carr: (905) 277-8002

Forever Fit Ladies - 9:30 to 10:30 a.m. - Mississauga Seniors' Centre, 1389 Cawthra Rd - 10 Weeks for \$37.52 - (905) 615-4810

Fit Fellows - 10:30 to 11:30 a.m. - Mississauga Seniors' Centre, 1389 Cawthra Rd - FEES - (905) 615-4810

500 Cards - 1:00 - Mississauga Seniors' Centre, 1389 Cawthra Road - FEES - (905) 615-4810 - James Bodimead: (905) 275-8128

Bingo - 1:00 - Seniors' Centre, 1389 Cawthra Rd. - (905) 615-4810 - Cam Woolledge: (905) 274-3831

EVERY SATURDAY

Badminton - 9 a.m. - Mississauga Seniors' Centre, 1389 Cawthra Rd - (905) 615-4810 - Shashi Parab: (416) 614-2092 - Martin Lovett : (905) 916-1050

SENIORS' CENTRE

The Mississauga Seniors' Centre is a recreational facility for older adults 60 years and older.

The centre is open 7 days a week and has more than 1300 members using its facilities.

1389 Cawthra Road, Mississauga, ON, L5G 4L1 (905) 615-4810

AUTOMOTIVE



Have an auto need? Call us!

Migus Auto Work	2524 Cawthra (at Needham)	(905) 629-1892
Sal's Auto Service	526 South Service Road	(905) 274-2200
Hawley Collision Centre	2526 Cawthra (at Needham)	(905) 896-3523
Vee Tech Machining	335 Admiral Boulevard, Unit 19	(905) 670-0909
Cawthra Auto Centre	2480 Cawthra (at Needham), Unit-24	(905) 306-0575

CENTRAL ERIN MILLS COMMUNITY

Erin Meadows Library 2800 Erin Centre Blvd (905) 615-4750

HURONTARIO COMMUNITY

Frank McKechnie Library 310 Bristol Road East (905) 615-4660

STREETSVILLE COMMUNITY

Streetsville Branch Library 112 Queen Street South (905) 615-4785

WESTERN BUSINESS PARK

Erin Mills Acura 3025 Woodchester Drive (905) 828-5800

PORT CREDIT COMMUNITY

MLC (Mississauga Life Centre) 110 Lakeshore Road East (905) 891-9515
Options Mississauga - Printing 113 Lakeshore Road West (905) 274-8663

ERIN MILLS COMMUNITY

Kannan Mukhtar, M.Sc. www.kannanmukhtar.com (416) 876-2144